



**WOODIE FITE SENIOR CENTER**  
 8750 Dorris Rd, Douglasville, GA 30134  
 678-626-5630



[www.woodiefitecenter.com](http://www.woodiefitecenter.com)

**We open at 8:00 am weekdays, and remain open until the last activity of the day.**  
**Hours of operation vary based on events. Please check with the front desk for any questions.**

<b>Activities for JANUARY 2017</b>	<b>Class Fee / Early Bird</b>	<b>Day of Week</b>	<b>SS</b>	<b>Time</b>
AARP Monthly Mtg	\$5 annual	3-Jan		1:00p - 3:00p
AARP Defensive Driving	\$20 / \$15	17-Jan		9:00a - 4:00p
Acrylic Painting	\$40 / \$35	Tues or Fri		9:00a - 11:30a
Alzheimers Care Givers Support	Free	9-Jan		5:45p - 7:00p
Bible Study	Free	Friday		11:45a - 1:15p
Bid Whist	Free	Friday		12:30p - 3:00p
Birthday Celebration for January Birthdays	Free	6-Jan		11:00a - 12:00p
Book Club "Read It"	Free	18-Jan		12:00p - 1:00p
Bowling Club - meet at "Your Bowling Center"	\$2 per game/shoe rental	Monday		11:30a
Bridge	Free	Wednesday		9:30a - 1:00p
Bunco	Free	2nd Friday		10:00a - 12:00n
Cardio Express	\$25 / \$20	Tues & Thurs		10:30a - 11:00a
Chip Poker	Free	Tuesday		12:30p - 4:00p
Chip Poker	Free	Friday		12:30p - 3:15p
Coffee and Culture	Free	Thursday		8:30a - 9:30a
Country Line Dancing Beginners	\$25 / \$20	Monday	☺	5:00p - 6:00p
Country Line Dancing Intermediate	\$25 / \$20	Tuesday	☺	10:00a - 11:00a
Dance Practice	Free	1st & 3rd Thurs		2:00p - 4:00p
Diabetes Class	Free	Thursday		9:00a - 11:00a
Dominoes 42+	Free	Monday		9:00a - 12:00n
Drawing Class	\$25 / \$20	Monday		3:00p - 4:00p
Duplicate Bridge	\$\$	Monday		12:00p - 4:00p
Euchre	Free	Tues & Thurs		1:00p - 5:00p
Fiber Arts	Free	Monday		8:30a - 11:25a
Fitness Room	Free	Monday		8:00a - 5:30p
Fitness Room	Free	Tues & Thurs		8:00a - 4:30p
Fitness Room	Free	Wed & Fri		8:00a - 3:00p
Game Show Mania- Family Feud	Free	1/13/2017		11:30a
Hiking Club- Little Tallapoosa Park	\$\$	1/20/2017		8:00a
Line Dancing Advanced	\$25 / \$20	Monday	☺	5:15p - 6:15p
Movie Matinee- Sully	Free	1/24/2017		1:00p
Oil Painting	\$40 / \$35	Thursday		9:00a - 11:30a
Open Art Studio	Free	Wednesday		10:00a - 2:00p
Penny Bingo	Free	Thursday		10:00a - 12:00p
Photo Sharing Club	Free	Thursday		10:00a - 11:00a
Pickleball - Beginners only	Free	Monday		2:45p - 4:30p

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Pickleball	Free	Tues. & Thurs.		2:00p - 5:00p
Ping Pong	Free	Mon, Wed, & Fri		1:00p - 3:00p
Pinochle	Free	Monday		12:00p - 6:00p
Pinochle	Free	Wednesday		8:00a - 3:00p
Portrait	\$25 / \$20	Monday		1:30p - 2:30p
Power Stretch With Lisa	\$20 / \$15	Wednesday	☺	10:15a - 11:15a
Qigong Shibashi	\$25 / \$20	Mon & Wed	☺	9:00a - 10:00a
Red Hats - Meeting and Cracker Barrell	\$\$	10-Jan		Meet @ 10:00a
Samba Canasta	Free	Thursday		1:00p - 3:00p
Scrabble	Free	Tuesday		2:00p - 5:00p
SilverSneakers Classic (MSROM)	\$25 / \$20	Mon & Wed	☺	11:30a - 12:15p
SilverSneakers Yoga (Chair)	\$25 / \$20	Tues & Thurs	☺	12:45p - 1:30p
Senior Dance Club Dance - DJ	\$5	7-Jan		6:00p - 10:00p
Senior Dance Club Dance - N2U	\$5	21-Jan		6:00p - 10:00p
Soul Line Dance	\$25 / \$20	Tuesday		12:00p - 1:00p
Spanish	\$30 / \$25	Mon & Wed		10:00a - 11:30a
Strength Training (attend any class)	\$30 / \$25	Tues & Thurs	☺	9:30a - 10:15a
Strength Training (attend any class)	\$30 / \$25	Tues & Thurs	☺	11:30a - 12:15p
Stretch with Karen (Floor Yoga)	\$25 / \$20	Mon & Wed		12:30p - 1:15p
Tai Chi	\$30 / \$25	Mon & Wed	☺	10:15a-11:15a
Tea Timers Club Christmas Party	\$\$	26-Jan		1:00p - 3:00p
TOPS	\$1 / week + memb.fee	Friday		11:00a - 12:00n
Totally Card Games	Free	Wednesday		12:00p - 3:00p
Watercolor Painting	\$40 / \$35	Monday		11:35a - 1:00p
Wii Bowling (On Lobby TV)	Free - daily	See front desk		9:00a -4:00p
Wood Carvers Club	Free	Thursday		3:00p - 5:00p
XYZ Adventures- Turn of the Century Tour	\$\$	1/27/2017		8:00a
Yahtzee	Free	Monday		12:00p - 3:00p
Zumba Gold	\$25 / \$20	Wed & Fri	☺	9:00a - 10:00a

☺ these classes are eligible for SilverSneakers (SS) discount Check with the front desk about eligibility

Sign up by January 6 for early bird on January classes!!

ALL PAYMENTS FOR CLASSES ARE MONTH TO MONTH AND CANNOT BE PRO-RATED

For your personal safety and those of our members, it is required that you wear a name badge while in the building



**The center will be closed Monday, January 16, 2017  
in honor of Martin Luther King Jr Day**

Be sure to check out all the new stuff on the schedule.  
You are bound to find something fun to do.



Join us some Game Show Mania: Our first game will be Family Feud on January 13th @ 11:30 am. We need contestants and viewers alike. Contestants will have a chance at some fabulous prizes. Sign up at the front desk.






















