

Woodie Fite Senior Center

8750 Dorris Road, Douglasville, GA 30134

678-626-5630

www.woodiefitecenter.com

We open at 8:00 am weekdays, and remain open until the last activity of the day.

Hours of operation vary based on events.

Please check with the front desk for any questions.

Activites for November 2019	Class Fee	Early Bird	SS	Day of Week	Time
AARP Monthly Meeting - Business Meeting	\$5 annual			11/5/2019	1:00p - 3:00p
AARP Defensive Driving(\$5 off if you are an AARP member. Please show AARP card for discount)	\$20			11/7/2019	9:00a - 3:00p
Alzheimers Care Givers Support	Free			11/4/2019	5:45p - 7:00p
Backgammon/ Chess (ask the front desk for a board)	Free - daily			See Front Desk	9:00a - 3:00p
Bible Study	Free			Friday	12:30p - 2:00p
Bid Whist	Free			Wed & Friday	12:30p - 3:00p
Birthday Celebration for November Birthdays	Free			11/1/2019	11:00a - 12:00p
Blood Pressure Screenings	Free			11/1/2019	12:00p - 1:00p
Book Club "Read It"	Free			11/20/2019	12:00p - 1:00p
Bowling Club @ ThunderZone	\$.99 per game \$5 for shoes			Wednesday	12:00p
Bridge	Free			Wednesday	9:30a - 1:00p
Bunco	Free			11/1/2019	10:00a - 12:00p
Chip Poker	Free			Tuesday	12:30p - 4:00p
Chip Poker	Free			Friday	12:30p - 3:15p
Country Line Dancing Beginners Combined Nov. & Dec. Dates - 11/4, 11/18, 12/2, 12/9, 12/16	\$25	★	😊	Monday	5:00p - 6:00p
Country Line Dancing Intermediate Combined Nov & Dec 11/5, 11/12, 11/19, 11/26. Out Dancing in December	\$25	★	😊	Tuesday	10:00a - 11:00a
Cribbage	Free			Monday	8:30a - 11:30a
Dominoes 42+	Free			Monday	9:00a - 12:00p
Dominoes 42+	Free			Friday	12:30p - 2:30p
Drawing Class Combined November and December Dates: 11/1, 11/15, 11/22, 12/6, 12/13, 12/20	\$20	★		Friday	1:00p - 3:00p
Duplicate Bridge	\$\$			Monday	12:00p - 4:00p
Euchre	Free			Tues & Thurs	1:00p - 5:00p
Fiber Arts	Free			Monday	8:30a -11:30a
Fitness Room	Free			Monday	8:00a - 5:30p
Fitness Room	Free			Tues & Thurs	8:00a - 4:30p
Fitness Room	Free			Wed & Fri	8:00a - 3:00p
Four Square	Free			Friday	10:30a - 11:30a
Georgia Cares	Free			11/19/2019	9:00a - 12:00p
Hiking Club - Marble Mine Loop	\$\$			11/15/2019	Meet @ 7:15a
Line Dancing Advanced Combined Nov. & Dec. Dates - 11/4, 11/18, 12/2, 12/9, 12/16	\$25	★	😊	Monday	5:15p - 6:15p
Movie Matinee - Resumes in January	Free			Resumes in Jan.	1:00p
Open Art Studio	Free			Wednesday	8:00a - 2:00p
Painting- Acrylic or Oil (You pick your medium) Combined November & December	\$40	★		Tues or Fri	9:00a - 11:30p
Penny Bingo	Free			Thursday	10:00a - 12:00p
Pickleball - Beginners only	Free			Monday	2:45p - 4:30p
Pickleball	Free			Tues & Thurs	2:00p - 5:00p
Ping Pong	Free			Mon & Wed	1:00p - 3:00p
Pinochle	Free			Monday	12:00p - 6:00p
Pinochle	Free			Wednesday	8:00a - 3:00p

Activites for November 2019	Class Fee	Early Bird	SS	Day of Week	Time
Portrait Combined November and December Dates: 11/1, 11/15, 11/22, 12/6, 12/13, 12/20	\$20	★		Friday	11:30a - 1:00p
Power Stretch with Lisa	\$30	★	☺	Tues Wed & Thurs	10:15a - 11:00a
Qigong Shibashi Combined Nov. and Dec. Dates - 11/4, 11/18, 12/2, 12/2, 12/9, 12/16	\$15	★	☺	Monday	10:00a - 11:00a
Red Hats - Ponce City Market	\$\$			11/12/2019	Meet @ 10:00a
Samba Canasta	Free			Thursday	1:00p - 3:00p
Scrabble	Free			Tuesday	2:00p - 5:00p
Seminar - Good Life Club Health Extra: Bones	Free			11/14/2019	9:30a - 1:00p
Senior Dance Club Dance	\$5			11/2 & 11/16	6:00p - 10:00p
Sign Language - Beginners	\$45	★		Tues. Starting 11/5	10:45a - 11:45a
Sign Language - Intermediate	\$45	★		Tues. Starting 11/5	9:30a - 10:30a
SilverSneakers Classic (MSROM) NO CLASS ON 11/27	\$25	★	☺	Mon & Wed	11:30a - 12:15p
SilverSneakers Yoga (Chair) NO CLASS ON 11/27	\$25	★	☺	Tues & Thurs	12:45p - 1:30p
Soul Line Dance	\$25	★	☺	Tuesday	12:00p - 1:00p
Spanish	\$30	★		Mon & Wed	10:00a - 11:30a
Strength Training (attend any class)	\$30	★	☺	Tues & Thurs	9:15a - 10:00a
Strength Training (attend any class)	\$30	★	☺	Tues & Thurs	11:30a - 12:15p
Stretch with Karen NO CLASS ON 11/27	\$25	★		Mon & Wed	12:30p - 1:15p
Tai Chi	\$15	★	☺	Wednesday	10:00a - 11:00a
Technology Help	Free			Wednesday	10:00a - 12:00p
Thanksgiving Luncheon	Free			11/25/2019	11:00a - 2:00p
TOPS	Membership plus fees			Friday	11:00a - 12:00p
Wii Bowling (on Lobby TV)	Free - daily			See Front Desk	9:00a - 4:00p
Wood Carvers Club	Free			Thursday	3:00p - 5:00p
XYZ Adventures - Tellus Museum	\$\$			11/6/2019	Meet @ 8:30a
Zumba Gold (attend Mon, Wed, or Fri for same price)	\$35	★	☺	Mon & Wed	8:45a - 9:45a
Zumba Gold (attend Mon, Wed, or Fri for same price)	\$35	★	☺	Friday	9:00a - 10:00a

★ **Sign up by October 25th for early bird on NOVEMBER classes and receive \$5 off this class!**

ALL PAYMENTS FOR CLASSES ARE MONTH TO MONTH AND CANNOT BE PRO-RATED

There is a 25% upcharge on all classes for those that live out of county

For your personal safety and those of our members, it is required that you wear a name badge while in the building

☺ **Smiley face indicates that the class is covered under the Silver Sneakers benefit**

Thanksgiving Luncheon

November 25, 2019. 11:00 am - 2:00 pm. The Woodie Fite Center would like to invite you to join us for Thanksgiving dinner. Doors will open at 10:30 am. Open to Woodie Fite members only. You must be registered to attend this event as seating is limited. Registration starts November 1st.

The following dates the center will be closed due to luncheons and holidays: 11/8, 11/11, 11/25, 11/28, 11/29. There will be no classes or clubs on these days and the fitness room will also be closed.

Santa will be at the Woodie Fite Senior Center on 12/19 and 12/20 from 10:00a - 3:00p for pictures, so bring the grandkids and make sure you tell Santa what you want for Christmas!

Christmas Party

December 23, 2019. 11:00a - 2:00p. The Woodie Fite Center would like to invite you to join us for Christmas dinner. Doors will open at 10:30 am. Open to Woodie Fite members only. You must be registered to attend this event as seating is limited. Registration starts December 2nd.

