

# Office of Risk & Safety

Organizational  
Training  
Class

**Course Name:** Heat Stress Prevention

**Duration:** 20 Minutes

**Video Included:** Yes

**Instructor:** TBD

**Course Description:** This course will provide training related to the hazards and risks factors leading to heat stress and preventive measures. Employees will learn the different signs and symptoms, with tips on prevention, of heat related emergencies such as:

- Heat stress
- Heat exhaustion
- Heat stroke