

Boundary Waters Aquatic Center

Aqua Aerobics Schedule

aqua ZUMBA

JUST ADD WATER... AND SHAKE!

Mondays @ 11am & Saturdays @ 9am

ADULTS \$10/CLASS
SENIORS \$8/CLASS

COME GET IN SHAPE WITH SHEILA!!!

NEW SATURDAY MORNING SESSION

\$15/CLASS
\$50 FOR 4 CLASSES

acqua pole

Try something new

Wednesdays @ 11am

H2O FIT CLASSIC

with **Julianca Gorski**

DAYS AND TIMES

Tuesdays and Fridays
11:00am - 12:00pm

RATES

Adults: \$10/class
Seniors: \$8/class

H2O:HIIT

Boundary Waters Aquatic Center

Wednesday @ 6:45PM

Saturday @ 10AM

COME HANG OUT WITH INGRID ON HER NEW DAYS AND TIMES

\$10

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MONDAYS 6:45PM ← NEW SCHEDULE

THURSDAYS 11AM

\$10

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