

May Activity Schedule

Woodie Fite Senior Center

8750 Dorris Road, Douglasville, GA 30134, 678-626-5630

www.celebratedouglascounty.com

Activities are subject to change at any time due to rescheduling, conflicts, & weather conditions.

SPECIAL EVENTS AND NEW CLASSES ARE HIGHLIGHTED IN BLUE

CHANGES IN ROOMS, DATES, AND TIMES ARE HIGHLIGHTED IN RED

Activities for May 2023	Class Fee	Early Bird	SS/RA	Day of Week	Time
Bible Study (Room C)	Free			5/12/2023	2:00p - 3:30p
Bid Whist (Room B)	Free			Tuesday	1:30p - 4:30p
Bingo (Big Ballroom) w/ Rain PNJ F.S.	Free			5/25/2023	10:00a - 12:00p
Book Club (Room D)	Free			5/3/2023	11:30a - 12:30p
Chair Yoga and Meditation with Katrina * (Annex)	\$20	★	☺	Tues & Thurs	11:00a - 12:00p
Chip Poker (Room C)	Free			Tuesday	1:00p - 4:00p
Corn Hole (Annex)	Free			Mon & Wed	11:15a - 12:45p
Country Line Dancing Intermediate * (Annex)	\$25	★	☺	Wednesday	10:00a - 11:00a
Dominos (Room C)	Free			Tuesday	10:00a - 1:00p
Euchre (Room D)	Free			Tuesday	10:00a - 1:00p
Fiber Arts (Art Room)	Free			Monday	9:30a - 12:30p
Fitness Room	Free			Mon - Fri	8:00a - 5:00p
Functional Fitness * (Annex)	Free			Monday	1:00p - 1:45p
Georgia SHIP Medicare 1-on-1 (Room C)	Free			5/10/2023	Appointments
Let's Get Crafty * (Room D)	Free			Wednesday	2:00p - 4:00p
Let's Get Crafty * (Room D)	Free			Friday	12:30p - 1:30p
Mother's Day Tea Party (Ballroom & Flower Garden)	Free			5/12/2023	11:00a-1:00p
Monthly Movie Day - Pick Between 3! (B/C Room)	Free			5/4/2023	12:30p - 2:30p
Older Americans Month (Aging Unbound Game Day) w/Humana (Victoria McClain) (Ballroom)	Free			5/10/2023	12:00p-1:30p
Open Art Studio (Art Room)	Free			Tues & Fri	1:00p - 4:00p
Penny Bingo (Ballroom)	Free			Tuesday	10:00a - 12:00p
Pickleball (Beginner's with Mark Spackmen) (Annex)	Free			Monday	2:00p - 3:30p
Pickleball (Intermediate with Mark Spackmen) (Annex)	Free			Monday	3:30p - 5:00p
Pickleball (Beginner's Practice) (Annex)	Free			Tuesday	2:00p - 3:00p
Pickleball (Annex)	Free			Wed & Thurs	2:15p - 4:00p
Pickleball (Annex)	Free			Friday	9:00a - 11:00a
Ping Pong (Ballroom)	Free			Mon & Wed	1:00p - 3:00p
Pinochle (Room D)	Free			Tuesday	1:30p - 4:30p
Pool Table Open Play (Room B)	Free			Mon - Fri	8:00a - 5:00p
POUNDS CLASS (Annex)	Free			Thursday	1:15p-2:00p
Qigong Shibashi * (Annex)	Free			Tue & Thurs	9:00a - 9:45a
Scrabble (Art Room)	Free			Tuesday	10:00a - 1:00p
Silver Fox Fitness * (Annex)	Free			Tues & Fri	3:15p - 4:15p
Soul Line Dance * (Annex)	Free			Tuesday	12:15p - 1:30p
Step Aerobics * (Annex)	Free			Friday	1:00p - 1:45p
Tai Chi Advanced Practice * (Annex)	Free			Thursday	10:00a - 10:45a
Tai Chi Beginner's * (Annex)	Free			Tuesday	10:00a - 10:45a
TOPS (Room D)	Membership plus fees			Friday	10:30a - 12:00p
Wood Carvers Club (Art Room)	Free			Thursday	2:00p - 4:00p
Zumba Gold * (Annex)	\$40	★	☺	Wednesday	1:00p - 1:45p
Zumba Toning * (Annex)	\$40	★	☺	Friday	11:30a - 12:15p



Pay by May 5th to receive the \$5 off Early Bird Special for May classes.



ALL PAYMENTS FOR CLASSES ARE MONTH TO MONTH AND CANNOT BE PRO-RATED

There is a 25% upcharge on all classes for those that live out of county

For your personal safety, mask are strongly encouraged.



Smiley face indicates the class is covered under Silver Sneakers & Renew Active benefits



PLEASE SEE REVERSE SIDE FOR SPECIAL EVENTS DESCRIPTIONS, ANNOUNCEMENTS, AND DATES THE CENTER IS CLOSED.

SPECIAL EVENTS

(All special events dates and times are listed on the front)

Monthly Movie Day at Woodie Fite: Choose between one of these three movies and the movie with the most votes will be selected! You can make your vote when you register. The choices are: **The Intern , From Scratch, The Last Laugh!** Here are the descriptions for each movie. **The Intern:** Experience never gets old. Seventy-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin. (Anne Hathaway, Robert De Niro and Rene Russo). **From Scratch:** Torn between her dreams and her father's expectations, Amy (Zoe Saldana) arrives in Italy for an art program and meets a charming chef (Eugenio Mastrandrea) who gives her a new perspective. **The Last Laugh:** After moving to a retirement home, restless talent manager Al (Chevy Chase) reconnects with long-ago client Buddy (Richard Dreyfuss) and coaxes him back out on the comedy circuit.

Please email pwashington@douglascountyga.gov or rfew@douglascountyga.gov to register for any activities on this calendar.

If you are paying for a class, you **MUST** pay by the 15th of that month.

Currently, Douglas County's COVID-19 Community level is in the LOW range. Therefore, mask are strongly encouraged, but not mandatory. Please continue to help us as we try to mitigate the spread of COVID-19.

All instructor led classes, marked by a (*) symbol, have limited class sizes and **MUST** be signed up for every month. Silver Fox Fitness, Qigong Shibashi, Soul Line Dance, Advanced Tai Chi Practice, Step Aerobics, and Functional Fitness are free but are still instructor led and must be signed up for monthly as well.

Due to the popularity of our fitness classes, anyone who misses two consecutive weeks of classes will be moved off the current month's roster, for each class, to provide those on the waitlist an opportunity to participate. Once your schedule allows you an opportunity to participate, please contact Richardean Few for an update on the availability of space.

Due to the popularity of the Silver Fox Fitness and the Soul Line Dance classes, if you participate in the class at one center, you will only be able to participate at the other center during the same week if there is not a waitlist.

"Frame the Moment"
Senior Prom 2023
Wednesday, May 24, 2023
6:00pm-9:00pm
Douglasville Conference Center

THE CENTER WILL BE CLOSED FOR MEMORIAL DAY
MONDAY, MAY 29, 2023

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